

welcome to "skinsense" SkinThings newsletter!



Since its beginnings in 1997, Skin Things has grown from a tiny operation (me working out of my spare room at home) to a fantastic shop at Glenelg with four wonderful, dedicated staff.

We opened in March 2002, and thanks to you, we've grown in leaps and bounds — in the last 12 months, business has increased by 135%.

It's obvious that many people have been searching for natural products. My vision is to continue to cater for that need by further expanding our range of products and opening more Skin Things shops.

In the meantime, we're always interested in hearing from our clients, so if you have anything to share — comments, testimonials, ideas or information — please let us know. We'll print the best one in our next newsletter and you'll win a free gift pack too! Thanks again for your support and enjoy your read. And if you'd like any more info on anything in this newsletter, please visit our website or ask one of our staff. They'll be pleased to help you.

See you at Skin Things!

Caroline Bugg

EXCITING NEW PRODUCTS & TREATMENTS

Cellulite detox

Body brushing is an ancient therapeutic practice — it exfoliates and tones your skin and helps eliminate the toxins and fats that cause cellulite. Our latest body treatment includes Japanese body brushing, a full body massage using our cellulite detox oil and thermal wrap. You don't need dangerous liposuction surgery — just a course of treatments plus 5 minutes body brushing a day! To find out more, ask for a brochure or chat to one of our staff. Detox oil and body brushes are available now.



Herbal Teas



Most are organic, some are wild-crafted, ideal for your cellulite detox program...

- Festivitea* - A delicious blend and our most popular tea
- Echinacea* - Helps strengthen your immune system
- Green Tea* - Some green tea may contain pesticides — ours is organic!
- St Johns Wort* - A natural anti-depressant without the side effects of drugs
- Dandelion* - Excellent liver and skin tonic
- Chamomile* - Soothing and calming

news in brief:

Welcome to launch issue - "under your skin"

NEW PRODUCTS & TREATMENTS:

Cellulite detox

Herbal Teas

Custom-made natural scents: 4 beautiful perfume bases that are totally natural

Youngblood Makeup: "The best natural makeup I could find" *Caroline Bugg*

SKINTHINGS STAFF: Caroline Bugg / Charlotte Wood / Jasmina Peric / Tina Wood / Charmaine Bugg

Client testimonial

Mission Statement

SkinThings @ Body Mind and Psychic Expo: Nov 29-30 2003, Jubilee Pavilion, Royal Adelaide Showground.

Workshops: Make-up application / Skin care / Body brushing and detoxifying / Eliminating chemical toiletries from your life.

Summer Specials & Xmas Toiletry Packs

Beauty Tips:

For attractive lips, Speak words of kindness.

For lovely eyes, Seek out the good in people.

For a slim figure, Share your food with the hungry.

For beautiful hair, Let a child run fingers through it once a day.

For poise, Walk with the knowledge that you'll never walk alone.

Audrey Hepburn

perfume & makeup



Custom-made natural scents

Commercial perfumes contain some of the nastiest chemicals around, so Tina and I developed 4 beautiful perfume bases that are totally natural. Made from pure essential oils, they can be blended to create your own personal scent. Choose a dab-on or a spray, or add it to your SkinThings shower gel, body lotion, shampoo or conditioner. On your next visit, why not ask one of the girls to take you on a sensory journey... devine!



Youngblood Makeup

The best natural makeup I could find, it contains no nasty preservatives or chemicals, and no talcum powder (often contaminated with asbestos!). The foundation offers exceptional coverage, is easy to use and looks incredibly natural. Plus lipsticks and lip shine, eye and lip pencils, eye shadows, blush, rice setting powder and sparkly lunar dust. Next time you call in, ask for a free mini-makeover. You'll be rapt!

Mission Statement

To provide natural and ethical skin care, cosmetic products and services with care and empathy for the client. To give advice and treatments from a holistic viewpoint. To respect the environment and the unique individuality of each client and to create harmony with each treatment.

SkinThings staff



Caroline Bugg

SkinThings founder and qualified beauty therapist with a life-long study of aromatherapy, herbs and chemical-free products. "With so many pollutants bombarding our bodies daily, let's minimize this by using as many natural and organic products as we can."

Charlotte Wood



A qualified beauty therapist, make-up artist and Reiki practitioner, Charlotte has vast experience and knowledge on natural products and aromatherapy. Her interests include yoga and nutrition.

Jasmina Peric



A qualified beauty therapist and make-up artist, 'Mina's' interests include traditional Ayurvedic teaching, holistic therapies, health, nutrition and wellbeing.

Charmaine Bugg



My wonderful mother-in-law who helps with baby-sitting, advice and the odd stint in the shop. Has been using absolutely everything we make since SkinThings first started, so has first-hand knowledge of the products.

Tina Wood

A qualified beauty therapist and make-up artist, with many interests including yoga, fitness and nutrition. [Tina is on leave for 5 months from 22 October 2003.]

Body Mind and Psychic Expo

Yes, we'll be there again, our stall loaded high with gift packs, specials and gift vouchers too, so get in early for your Xmas shopping.

See you at Stalls #56 & #57.

Nov 29-30 2003, Jubilee Pavilion, Royal Adelaide Showground.

Client testimonial

"I'd had an itchy scalp for several months and been using a shampoo recommended by my hairdresser to no avail, so I thought natural ingredients might be the way to go. With the very first application of SkinThings TeaTree & Olive Oil Shampoo & Conditioner – instant relief! Not only that, my hair retains its colour and has a lovely shine and softness. I thoroughly recommend these products and would never use anything else." Suzanne Butler of Fullarton

Workshops

We have a number of workshops planned including –

- Make-up application
- Skin care
- Body brushing and detoxifying
- Eliminating chemical toiletries from your life.

These fun workshops are hands-on and include drinks and nibbles plus specials on the night. Numbers are limited and our last workshop filled quickly so to book your place, call us soon.

SUMMER SPECIAL

Soleo Sunscreen and NEW Moisturizer with Sunscreen. Soleo contains calendula, witch hazel, ginkgo, camellia and jojoba oil plus zinc oxide for an SPF 30+ rating. Non-greasy, no white residue, natural and totally safe to use on children – in fact I used it on my daughter, Maddison last summer when she was just 6 weeks old!

- Sunscreen 100ml - \$15.40
200ml - \$23.60
- Moisturiser with sunscreen 100ml - \$ 21.30

Xmas Toiletry Packs

These chemical-free toiletries in a handy bag make great gifts for men and women.

- Toiletry Bag - with large toothpaste, shampoo, conditioner, hand & body lotion, sunscreen, deodorant and shower gel \$112.90
- Travel Size Toiletry Bag - with travel-size toothpaste, shampoo, conditioner, hand & body lotion, sunscreen, deodorant and soap \$52.90